

FROM THE TABLE

Bowl of Fresh Fruit

A selection of pastries

Bowl of Cornflakes, Muesli or Rice
Crispies

Conserves: Welsh Lady Raspberry
Jam & Marmalade

FROM THE KITCHEN

Fruit salad (VE)

Granola, Compote & Yoghurt
Natural Yoghurt, Homemade Granola
with Compote

Porridge (V)

Honey, Brown Sugar or Maple Syrup

Full Welsh Breakfast Welsh

Sausage, choice of Egg, Smokey Bacon,
Roast Tomato, Mushroom, Black Pudding
& Laver Bread Hash Brown

Full Welsh Vegetarian Breakfast (V)

Glamorgan Sausage, Wilted Spinach,
Roast tomato, Mushroom, choice of Egg &
Laver Bread Hash Brown

Smoked Salmon & Scrambled Eggs

Smoked Salmon, Scrambled Eggs

Eggs Benedict

Ham hock, Poached Eggs & Hollandaise
Sauce

Smoked Haddock Benedict

Smoked Haddock With Laver Bread, Spinach,
Poached Eggs & Hollandaise Sauce

Egg & Soldiers (V)

Soft boiled Egg & buttered Toast

FRENCH PRESS COFFEE

by Coaltown Coffee

French Press **Decaf French Press**
Dark Chocolate & Tobacco Dark Chocolate & Tobacco

SPECIALITY COFFEE

is additional charge

Espresso £2.95 **Flat White** £3.50

Double Espresso £3.45 **Latte** £3.50

Cappuccino £3.50 **Hot Chocolate** £3.00

Americano £3.45

TEA

by BrewTea

Earl Grey **Darjeeling**
Light & Fragrant Honeyed & Floral

Lemon & Ginger **Moroccan Mint**
Fiery & Crispy Minty & Strong

Assam **Apple & Blackberry**
Bold & Rich Tart & Jammy

Decaf Ceylon
Fruity & Earthy

JUICES

Fresh Orange

Pembrokeshire Apple

Wi-Fi Password

welcometopenally



B R E A K F A S T

We use only free range chicken eggs with
golden yolks.