



Continental Breakfast (Included in room rate)

Fresh Fruits & Juices

A daily selection of fresh fruit, juices, pastries, cereals, and natural yoghurt.

Granola

Served with seasonal fruit or berry compote.

Toast

Freshly toasted bread with Welsh jam and marmalade.

Teas & Coffees

A choice of teas by Brew Tea Co., Welsh Brew and cafetière coffee by Coaltown Coffee Roasters.

Continental Breakfast



From the Kitchen

Porridge £6.50

With honey, brown sugar, or maple syrup

Full Welsh Breakfast £14.50

Sausage, free-range egg, Welsh smoked back bacon, roast tomato, herbed mushroom, black pudding and laverbread hash brown

Full Welsh Vegetarian Breakfast £14.50

Homemade Glamorgan sausage, wilted spinach, roast tomato, herbed mushroom, free-range egg and laverbread hash brown

Welsh Smoked Salmon & Scrambled Eggs £12.00

Hand-cut Smoked Salmon with Scrambled Eggs

Eggs Benedict £12.50

Honey-roast ham on a buttered muffin, two poached eggs and Hollandaise sauce

Eggs Royale £14.00

Smoked salmon on a buttered muffin, two poached eggs & Hollandaise sauce

Boiled Eggs & Soldiers £9.00

Two soft-boiled eggs with buttered toast strips

Smoked Haddock Benedict £14.00

Flaked smoked haddock, laverbread, spinach on a buttered muffin, poached eggs and Hollandaise sauce

From the Kitchen

Vegan alternatives available on request